

# Get Grounded

**Tutored by Katie Sollohub**

(recipient of top award for 2020 Derwent Drawing Prize)

**2 days' of tutored experimental drawing, with natural materials, in a beautiful setting.**

Explore a garden, goyle and Food Forest as the ground bursts with form and colour. Feel more alive, engage with your surroundings, wake up your senses and create! Drawing with mud, puddle water, leaves and twigs, this will be a hands-on, practical and immersive experience!

Draw in the garden, about the garden, with the garden, using found materials and homemade tools. Respond to the sights, sounds, smells and feel of the land, returning to the studio equipped with handfuls of inspiration.

Experiment with natural binders and consider applying colour with pastels and watercolour.

Since people made marks on cave walls, humans have been drawn to leave a visual trace of themselves. In this workshop, you will be reminded how drawing is a truly tactile, instinctive, primal experience, using the body and natural materials to make marks.

This fun, experimental course is suitable for all.

**August: Sat 1<sup>st</sup> 10:00 - 17:00,  
+ Sun 2<sup>nd</sup> 10:00 - 16:00**

Creative Beings, Awliscombe, Devon, EX14 3PJ

**£195** includes tutor, nourishing home-cooked lunches, refreshments & all materials.  
Concessions available.

Ask about B&B availability at The Old Rectory.

Book at: [www.creativebeings.uk/events](http://www.creativebeings.uk/events)



**CREATIVE BEINGS**

Cultivating creative practices for wellbeing