









## **Food Forestry**

## an introduction with botanist Sue Holland

Against a backdrop of rising temperatures, extreme weather events and declining biodiversity, Food Forestry offers an alternative that's good for individual wellbeing, as well as the planet.

## This 1-day course covers:

↑ What is a Food Forest?

↑ Learn how a Food Forest fits in to a permaculture system.

† Can you grow one in the corner of your garden? (Spoiler alert: yes.)

† Discover what you need to get started.

† Learn how to grow annual veg crops in a Food Forest.

† Appreciate the practical benefits of biodiversity.

† Come away with an understanding of Food Forestry and whether it is right for you.

On the day we'll listen, talk, walk, visit a Food Forest, see some case histories, have small group discussions and lunch.

Sat 8th June 10:00 - 16:00

At Creative Beings CIC, The Old Rectory, Awliscombe, Devon, EX14 3PJ

**£85** fee includes lunch and refreshments. Concessions available. Book at:

www.creativebeings.uk/courses

