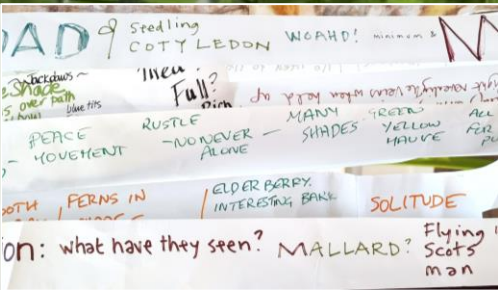


Find & Explore Your Creative Flow

5 days, 5 tutors, inspired by nature



Take a summer break in Devon to explore your creative flow, inspired by an appreciation of the natural world. Guided by tutors, try out 5 approaches to materials and processes, working at your own pace, together with nature.

Just bring an open mind, a pair of walking boots and a preparedness to pause, listen, look and spend time for yourself in the here and now.

Mon 7th – Fri 11th Aug 2023
10:00 – 17:00

Over 5 days, we'll build up a collection of marks, notes, patterns and textures. We'll capture these in sketchbooks and play with curating some of these pieces using collage.

Precise details will evolve however here's the current course outline:

Mon 7th Aug – sketching – *Tim Woolgar*
Tue 8th Aug – botanical printing – *Sue & Rosemarie*
Wed 9th Aug – images with words – *Chris Waters*
Thur 10th Aug – shibori technique – *Val Davies*
Fri 11th Aug – collaging – *Boots Hackman*

Optional: start the day with guided meditation or yoga, hopefully outside, 09:00 - 09:30.

£379

£79 deposit + £300 balance

Includes all materials, tutors, lunches and refreshments. Ask about B&B options.

Creative Beings CIC, The Old Rectory Studio,
Awliscombe, Devon, EX14 3PJ.

Book at: www.creativebeings.uk/courses

Or contact: martin@creativebeings.uk



CREATIVE BEINGS
Cultivating creative practices for wellbeing